

# LGBTQIA+ SERVICES



Life's journey is intricate and complex, and we understand that it is shaped by a person's individual experiences and identity. We believe that all individuals, regardless of their sexual orientation or gender identity, deserve the same level of respect and acceptance. We are committed to creating a safe and welcoming space for all members of the LGBTQIA+ community.

We strive to offer a wide range of resources and support to help people navigate their challenges and celebrate the diversity and strength of the LGBTQIA+ community. Whether you seek information, guidance, or simply a sense of belonging, we are here to help and support you in every way possible. Our mission is to provide a comprehensive roadmap, recognizing this vibrant and diverse community's broad spectrum of experiences and needs. From support groups and advocacy services to educational resources and cultural organizations, we are dedicated to honoring each person's unique journey and providing them with the kindness and guidance they deserve.

We invite you to explore the resources in this guide at your own pace, seeking the support and knowledge that resonate with you. If you have any questions or concerns about an agency listed in this guide, please do not hesitate to contact our offices at 225-342-1570 for more information.

Health & Happiness,



## ANTI-VIOLENCE PROJECT (AVP)

[Click here for website](#) [Online Reporting Form](#)

Phone: 212-714-1141

AVP empowers lesbian, gay, bisexual, transgender, queer, and HIV-affected communities and allies to end all forms of violence through organizing and education, and supports survivors through counseling and advocacy.

## BISEXUAL RESOURCE CENTER

[Click here for website](#)

The Bisexual Resource Center works to connect the bi+ community and help its members thrive through resources, support, and celebration. Through this work, we envision an empowered, visible, and inclusive global community for bi+ people. Since its inception, the Bisexual Resource Center has been creating resources, providing support, and helping to create a stronger sense of community for bi/pan/fluid people across the U.S. and beyond.

## CAPITAL CITY ALLIANCE (CCA)

[Click here for website](#) Phone: 225-366-7487

Capital City Alliance (CCA) is an all-volunteer organization. We feel that a well-organized, well-informed, and well-connected LGBT community will be able to communicate effectively, promote events of interest to our community, identify LGBT-friendly professional resources and establishments, and advocate effectively for laws and policies that will have a positive impact on the local LGBT community, our friends, and families. It is our goal to provide the platform, people, and resources to make these things happen.

## COLAGE

[Click here for website](#)

COLAGE unites people with one or more lesbian, gay, bisexual, transgender, queer, intersex, and/or asexual parent into a network of peers and supports them as they nurture and empower each other to be skilled, self-confident, and just leaders in our collective communities. COLAGE stands as the only national organization dedicated to the empowerment of youth in LGBTQ+ families, and celebrates thirty years of this work. We are busy building the foundation for COLAGE's next thirty years as the hub of community and activism for and by children of queer parents!

## DESI LGBTQ+ HELPLINE FOR SOUTH ASIANS

[Click here for website](#) [Confidential Contact Form](#)

Thurs/Sun Helpline: 908-367-3374

DeQH is the first and only national Desi lgbtQ+ Helpline in the United States. We offer free, confidential, culturally sensitive peer support, information and resources for LGBTQ+ South Asian individuals, families and friends around the globe. We want to offer a safe and supportive ear for callers to share their concerns, questions, struggles or hopes through conversations with our trained South Asian peer support volunteers. We are a volunteer collective of South Asian queer and trans individuals across the United States.

## BATON ROUGE PRIDE

[Click here for website](#) Phone: 225-384-6344

Baton Rouge Pride Inc. is a volunteer-run nonprofit organization dedicated to providing resources, education, cultural events, and other community-building activities for the South Louisiana LGBTQ+ community and its friends, families and allies. Baton Rouge Pride originated as a secular outreach of MCC of Baton Rouge. It was designed as a gathering and celebration for the LGBTQ+ community in the area but also as an educational and community building event centered on a community resource fair.

## BRIGHTER FUTURES COUNSELING SERVICES

[Click here for website](#)

Shreveport Phone: 318-424-8735

Vivian Phone: 318-703-4656

Brighter Future Counseling Services offers an array of diversified services to meet the needs of our clients in the home, school and community. Brighter Future Counseling Services has a diverse professional staff that will work with our clients to restore them to their optimal level of functioning. Our services are focused on providing families the support that they need in guiding their children on the right path and to see their full potential. We also make sure that our clients play active roles in the formulation of their treatment plans so we can accurately assess their needs, strengths, assets, and certain aspects in their lives that need to be nurtured and developed, among others. With this, we can restore individuals to their ideal level of functioning in their home, school, and community. LGBTQ+ friendly staff and gender affirming care with a licensed professional counselor that specializes in LGBTQ+ counseling.

## CENTERLINK

[Click here for website](#) [Find a center near you](#)

CenterLink is an international nonprofit organization and member based association of LGBTQ centers and other LGBTQ organizations serving their local and regional communities. Our mission is to strengthen, support, and connect LGBTQ community centers. We currently have over 325 member LGBTQ centers worldwide providing essential services, promoting growth, wellness, and connectivity in their communities.

## EQUALITY FEDERATION

[Click here for website](#)

Equality Federation is an advocacy accelerator rooted in social justice, building power in our network of state-based lesbian, gay, bisexual, transgender, and queer (LGBTQ+) advocacy organizations. We work collaboratively on critical non-partisan issues—from advancing workplace fairness and family recognition to defeating anti-transgender bills and HIV criminalization laws—that affect how LGBTQ+ people experience the world from cradle to grave.

## FAMILY EQUALITY COUNCIL

[Click here for website](#)

Family Equality exists to create a world where everyone can experience the unconditional love, safety, and belonging of family. Our mission is to ensure that everyone has the freedom to find, form, and sustain their families by advancing equality for the LGBTQ+ community. We will be outspoken changemakers, creating an equitable LGBTQ+ family narrative, through advocacy, community, and education.

## FORGE

[Click here for website](#)

FORGE reduces the impact of trauma on trans/non-binary survivors and communities by empowering service providers, advocating for systems reform, and connecting survivors to healing possibilities. FORGE strives to create a world where ALL voices, people and bodies are valued, respected, honored, and celebrated; where every individual feels safe, supported, respected, and empowered.

## FORUM FOR EQUALITY

[Click here for website](#) Phone: 504-569-9156

Forum for Equality is Louisiana's lesbian, gay, bisexual and transgender (LGBT) human rights organization dedicated to the establishment of a society free from discrimination and to the support of good government. We believe that the fastest and most efficient way to achieve our goals is through community organization, education, and constructive participation in the political process. Since 1989, Forum has been active in Louisiana by helping to pass civil rights advancements for the lesbian, gay, bisexual and transgender community.

## GLAAD

[Click here for website](#)

GLAAD – the world's largest Lesbian, Gay, Bisexual, Transgender and Queer (LGBTQ) media advocacy organization – increases media accountability and community engagement that ensures authentic LGBTQ stories are seen, heard, and actualized. As a dynamic media force, GLAAD ensures fair, accurate, and inclusive representation that rewrites the script for LGBTQ acceptance. GLAAD tackles tough issues to shape the narrative and provoke dialogue that leads to cultural change.

## THE GAY, LESBIAN, AND STRAIGHT EDUCATION NETWORK (GLSEN)

[Click here for website](#)

As GLSEN was founded by a group of teachers in 1990, we knew that educators play key roles in creating affirming learning environments for LGBTQ youth. But as well as activating supportive educators, we believe in centering and uplifting student-led movements. Every day GLSEN works to ensure that LGBTQ students are able to learn and grow in a school environment free from bullying and harassment. Together, we can transform our nation's K-12 schools into the safe and affirming environment all youth deserve.

## HOUSE OF TULIP

[Click here for website](#) Phone: 504-582-9713

House of Tulip provides zero-barrier housing, case management, linkage to care, and community programming to trans and gender nonconforming (TGNC) people in need of a safe place to stay while growing the supply of affordable housing in New Orleans. House of Tulip isn't an emergency shelter or a transitional living house. It's a long-term investment in housing solutions. The path from homelessness to homeownership is long and hard, but we will be there every step of the way for TGNC Louisianans. Meanwhile, House of Tulip will continue to own the land, ensuring our housing stays affordable forever.

## HISTORY UNERASED

[Click here for website](#)

Our founders, Deb Fowler and Miriam Morgenstern, witnessed first-hand how visibility and representation in the content they taught in their classrooms have an immediate and lasting impact, as students deepened their connection to what they were learning while also developing a sense of belonging and respect for each other. In 2013, with a combined 30+ years of teaching experience, Deb and Miriam were ready to expand their sphere of influence to bring a more inclusive education to exponentially more students across the country. Our mission is putting LGBTQ history in its rightful place – the classroom – ensuring all students, today and beyond, learn a more complete story of America and a more accurate reflection of who “We the people” includes, promoting genuine understanding and equality for all LGBTQ people.

## HUMAN RIGHTS CAMPAIGN

[Click here for website](#)

The Human Rights Campaign envisions a world where every member of the LGBTQ+ family has the freedom to live their truth without fear, and with equality under the law. We empower our 3 million members and supporters to mobilize against attacks on the most marginalized people in our community. Our goal is to ensure that all LGBTQ+ people, and particularly those of us who are trans, people of color and HIV+, are treated as full and equal citizens within our movement, across our country and around the world.

## IMI

[Click here for website](#)

imi was created through a collaboration of LGBTQ+ organizations, and hundreds of LGBTQ+ young people from across the country – it's a tool for LGBTQ+ teens, by LGBTQ+ teens and their allies. Tools like imi are needed now, more than ever. imi helps address elements contributing to the growing mental health crisis affecting LGBTQ+ youth by providing them with free, accessible, and research-backed support, built in a safe digital space. We believe in creating resources that uplift, support, and affirm young people who are exploring their LGBTQ+ identity. And we are guided by research that supports this.

## IT GETS BETTER PROJECT

[Click here for website](#) [Find Support](#)

The It Gets Better Project's mission is to uplift, empower, and connect lesbian, gay, bisexual, transgender, and queer (LGBTQ+) youth around the globe. The It Gets Better Project is a global non-profit that reaches millions of young people each year through inspiring media programming, educational resources, international affiliates in 19 countries, and access to an arsenal of community-based service providers.

## LGBT COMMUNITY CENTER OF NEW ORLEANS

[Click here for website](#)

Supporting community-driven projects and organizations in the greater New Orleans area that fight for equity and empower gender and sexual minorities. Our mission is to provide holistic referral services with an emphasis on equality and liberation.

Our organization is committed to eradicating homophobia, transphobia, racism, and misogyny. We provide a welcoming, supportive, and safe space for ALL LGBTQIA individuals, allies, and organizations residing in the Greater New Orleans Area and neighboring Parishes.

## MATTHEW SHEPPARD FOUNDATION

[Click here for website](#)

The Matthew Shepard Foundation's mission is to amplify the story of Matthew Shepard to inspire individuals, organizations, and communities to embrace the dignity and equality of all people. Through local, regional, and national outreach, we empower individuals to find their voice to create change and challenge communities to identify and address hate that lives within our schools, neighborhoods, and homes. Our work is an extension of Matt's passion to foster a more caring and just world. We share his story and embody his vigor for civil rights to change the hearts and minds of others to accept everyone as they are.

## NATIONAL LGBTQ TASK FORCE

[Click here for website](#) Phone: 202-393-5177

The National LGBTQ Task Force advances full freedom, justice and equality for LGBTQ people. We are building a future where everyone can be free to be their entire selves in every aspect of their lives. Today, despite all the progress we've made to end discrimination, millions of LGBTQ people face barriers in every aspect of their lives: in housing, employment, healthcare, retirement, and basic human rights. These barriers must go. That's why the Task Force is training and mobilizing millions of activists across our nation to deliver a world where you can be you.

## NORTHWEST NETWORK OF LGBTQ+ SURVIVORS OF ABUSE

[Click here for website](#) Phone: 206-568-7777

We support queer & trans survivors in reconnecting to their self-determination through advocacy-based counseling and community education. We help individuals and communities build loving and equitable relationships. Our direct services are all free and confidential. We also offer resources for organizations and providers working in the field.

## LAMBDA LEGAL

[Click here for website](#)

Lambda Legal, a 501(c)(3) nonprofit, is a national organization committed to achieving full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people and everyone living with HIV through impact litigation, education and public policy work. We select cases that will have the greatest impact in protecting and advancing the rights of LGBT people and those with HIV. We lead high-impact public education campaigns to help people exercise the rights they have and to build public support for equality. We advocate for public policy at the local, state and federal levels to improve the lives of LGBT people, people affected by HIV, and their families and allies.

## LOUISIANA TRANS ADVOCATES

[Click here for website](#)

We're advancing the core human rights of self-determination and expression for all trans, nonbinary and gender nonconforming people in Louisiana. We are a support and advocacy organization for people who identify as transgender or are questioning their gender identity. We host monthly support groups in New Orleans, Baton Rouge, Shreveport, Lafayette, and Lake Charles.

## NATIONAL CENTER FOR TRANSGENDER EQUALITY

[Click here for website](#)

The National Center for Transgender Equality advocates to change policies and society to increase understanding and acceptance of transgender people. In the nation's capital and throughout the country, NCTE works to replace disrespect, discrimination, and violence with empathy, opportunity, and justice.

## NOAGE

[Click here for website](#) Phone: 504-517-2345

No one knows the power of community more than we do. We've always had each other's backs and as we age, we need that more than ever. Welcome to NOAGE—New Orleans Advocates for LGBTQ+ Elders. We're working every day to make sure you remain visible, powerful, and connected. NOAGE, a 501(c)(3) nonprofit organization, was created from a steering committee of concerned residents and older adult service providers to address the challenges facing LGBT older adults in the New Orleans area. The unique challenges faced by LGBT older adults require a unique response. As advocates on behalf of the LGBT older adult community, NOAGE is committed to ensuring that all LGBT older adults can live their best lives with the dignity, respect, and good health that they deserve.

## OUTLOUD

[Click here for website](#)

OutLOUD is a LGBTQ+ teen and young adult program with the New Orleans Health Department. This program supports Lesbian, Gay, Bisexual, Transgender, and Queer or Questioning teens and young adults in leading healthier lives through community engagement, education, and outreach.

## OUT OF THE CLOSET

[Click here for website](#)

Out Of The Closet exists to clothe members of the LGBTQIA+ community and other marginalized individuals in need with outfits and wardrobes that reflect their truest self. We hope for this service to be a source of peace as folx transition into an outward appearance that fits their identity, move out of conservative/restrictive homes, or just are in need of clothing for a big move, a new job, etc. We also aim to bridge geographical gaps in the south and provide support for other organizations with the same gender affirmation goals by means of comfortable, accessible, and free clothing. So if you're tired of throwing out old clothes or hoarding pieces you'll never wear, we will happily take them off your hands to rehome and give them new life!

## PFLAG OF ALEXANDRIA

[Click here for website](#) Phone: 318-266-7455

PFLAG's goal is uniting people who are lesbian, gay, bisexual, transgender, or queer (LGBTQ) with families, friends, and allies. We are committed to support, education, and advocacy throughout Central Louisiana. Monthly meetings that feature peer support and topical education. Quarterly family friendly community gatherings with group activities or games. Training and educational resources are made available to individuals, business, and community organizations. We shine a light on issues important to the LGBTQ community.

## PFLAG OF NEW ORLEANS

[Click here for website](#) Phone: 504-862-5912

PFLAG New Orleans is one of the oldest organizations serving the LGBT community in New Orleans. In our 40+ years, PFLAG New Orleans has continued its Mission: to promote the health and well-being of gay, lesbian, bisexual, and transgender persons, their families and friends through support to cope with an adverse society, education to enlighten an ill-informed public, and advocacy to end discrimination and secure equal civil rights. PFLAG New Orleans provides opportunities for dialogue about sexual orientation and gender identity, and acts to create a society that is healthy and respectful of human diversity.

## RESOURCES FOR LGBTQ+ STUDENTS

[Click here for website](#)

For many young queer people, college is where things finally begin to change. To make college a little easier, we've created this ultimate guide of resources for LGBTQ+ students in higher education, including scholarships, resources, clubs, anti-bullying hotlines and more. For anyone considering themselves to be somewhere along the gender, sexuality, or romanticism spectrum, here's what one might consider to be a handbook for LGBTQ+ college students, with helpful LGBTQ+ information such as ways to make the college campus feel more inclusive and less homophobic. Here are some top resources for LGBTQ students going to or getting ready for college.

## P.A.C.E.

[Click here for website](#)

P.A.C.E. is a nonpartisan organization that works to advance equality in Northwest Louisiana so that the Lesbian, Gay, Bisexual, and Transgender (LGBT) community can lead open, honest, responsible, and safe lives at home and in the workplace. We believe the most effective way to achieve these goals is to educate our communities and to constructively participate in the political process.

## PFLAG LAFAYETTE

[Click here for website](#)

PFLAG Lafayette's purpose shall be to promote the health and well-being of LGBTQ (lesbian, gay, bisexual, transgender, and questioning) persons, their families, friends, and allies. In Lafayette, a group gathered early in 2019 to restart PFLAG Lafayette. Drag Queen Story Hour drew such ire and opposition, we knew we needed to educate and provide safety for this and other marginalized groups. We have gone through many changes during the last year. We are determined to remain strong and committed to our goal of universal acceptance for everyone. We are family!

## THE PHILADELPHIA CENTER

[Click here for website](#) Phone: 318-222-6633

The Philadelphia Center was developed in 1990 as concerned citizens were responding to the HIV/AIDS epidemic in the Shreveport/Bossier area. Our client Services links people living with HIV/AIDS to supportive services such as case management, transportation, food vouchers, housing/utility assistance, support groups, and substance and mental health counseling. We also offer a number of prevention and outreach services, supportive housing, no-cost STI testing, and PrEP clinic.

## ROAN COUNSELING

[Click here for website](#) Phone: 318-310-8867

Roan Counseling helps individuals who seek to overcome Trauma, PTSD, Anxiety, Depression, and additional mental health issues. Through mindfulness based therapy and a personalized, goal-oriented approach, you will be given the tools to persevere through all of life's transitions. Operated by Roan Flenniken, a Louisiana Licensed Professional Counselor and Certified Yoga Instructor. Roan offers a safe, comfortable, and supportive environment to find perspective and solve problems. LGBTQA+ friendly — anyone is safe here. Offers private insurance and private pay services.

## TRANSATHLETE

[Click here for website](#)

Transathlete is a resource for students, athletes, coaches, and administrators to find information about trans inclusion in athletics at various levels of play. This site pulls together existing information in one central location, and breaks down information into easy-to-reference areas to help you find what you need.

## TRANS LIFELINE

[Click here for website](#)

Hotline: 877-565-8860

Trans Lifeline is a grassroots hotline and microgrants 501(c)(3) non-profit organization offering direct emotional and financial support to trans people in crisis – for the trans community, by the trans community. Trans Lifeline connects trans people to the community support and resources we need to survive and thrive.

## TREVOR PROJECT

[Click here for website](#) [Chat with an advocate online](#)

Text START to 678-678

You deserve a welcoming, loving world. And so do the people you care about. Here you can reach out to a counselor if you're struggling, find answers and information, and get the tools you need to help someone else. We provide information & support to LGBTQ young people 24/7, all year round.

## VICTORY FUND

[Click here for website](#)

LGBTQ Victory Fund works to achieve and sustain equality by increasing the number of openly LGBTQ elected officials at all levels of government while ensuring they reflect the diversity of those they serve. Since 1991, Victory Fund has helped elect thousands of LGBTQ people to positions at all levels of government. These LGBTQ voices have made significant contributions to advancing equality for LGBTQ Americans – from passing non-discrimination laws to defeating amendments to ban marriage equality.